Lydia McKee

Lydia McKee is a London-born abstract artist who uses her art as an exploration of self-expression, emotion, and experience. Her work delves into the complexities of the human mind, often drawing inspiration from her personal journey through uncertainty, growth, and the search for peace of mind. At the core of Lydia's work is the exploration of mental mazes—the intricate emotional landscapes that define the human experience. Each piece reflects a process of navigating internal struggles, joys, doubts, and triumphs, with every stroke of pigment symbolizing a step through the winding paths of life. The complexity of her paintings mirrors the mental mazes we all face, drawing viewers into a world of hidden details, layers, and meanings that unfold with every new gaze. Her paintings offer an immersive experience, encouraging reflection on one's own emotional journey and the beauty found in embracing uncertainty and imperfection.